

MIDWEST PULMONARY CONSULTANTS

Patient Instructions for PFT

- Do not take (if possible) the following medications prior to your testing:

Inhaled bronchodilators

Short-acting for **8 hours**

- Albuterol, Combivent, Ventolin, Alupent, Primatene Mist, Maxair, Proventil, Duo-Neb, Xopenex, Pro-Air

Long-acting for **24 hours**

- Serevent, Advair, Spiriva, Foradil, Brovana, Performist, Symbicort

Anti-cholinergics for **6 hours**

- Atrovent, Combivent

Oral bronchodilators for **8 hours**

- Proventil Repetabs

- Take as *usual* the following medications:

Leukotriene inhibitors

- Singulair, Accolate

Inhaled steroid preparations

- Pulmicort, Flovent, Azmacort, Asmanex, Aerobid, Q-Var

Oral steroids

- Prednisone, Medrol

PLEASE DO NOT SMOKE 8 HOURS PRIOR TO YOUR TESTING!

If you have questions or problems contact Donna
Midwest Pulmonary Consultants (816) 756-2255.