

Women's Moods:

Addressing Depression Across the Lifespan



Friday/Saturday ↪ April 25-26, 2008

Saint Luke's Northland Hospital ↪ 5830 NW Barry Road ↪ Kansas City, Missouri

Sponsored by:



Presented by:

Post Partum Resource Center of Kansas &

Saint Luke's Hospital of Kansas City / Women & Children Services

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TARGET AUDIENCE

This program will provide clinicians in their practices, evidenced-based practice for routine screening of all women, regardless of age, for depression and mood disorders. The conference is designed for physicians, including internal medicine, pediatric, obstetric and psychiatric physicians; nurse practitioners, physicians assistants, certified nurse midwives and social workers.



LEARNING OBJECTIVES

At the conclusion of this conference, participants should be able to:

- Identify factors that trigger emotional responses in a woman's life.
- Incorporate routine interview questions or a screening tool related to emotional wellness in their health record.
- Identify both long/short term resources available for treatment of women.
- Recognize the impact depression and mood disorders have on the family, long and short term.
- Evaluate when a pregnant patient may need psychiatric medication.
- List medications most commonly used during pregnancy.

For additional information, contact the
Office of Continuing Medical Education at 816-932-3737
or E-mail cme@saint-lukes.org.



Friday, April 25, 2008

- 1:00 p.m. Registration
- 1:45 p.m. Welcome / Introductions / Pre-Test – Meeke Centimano, LMSW
- 2:00 p.m. *Women's Mental Health: Where We've Been and Where We're Going*
– Lucy Puryear, MD
- 3:15 p.m. *Early Detection & Treatment in the Prevention of Postpartum Mood Disorders* – Ginger Breedlove, PhD, CNM, BSN, RN
- 4:15 p.m. Refreshment Break
- 4:30 p.m. *Treatment of Women With Mood Disorders: Medically, Emotionally and Socially* – John D. Yeast, MD; Jen Stoll, CD, BA; and Eileen Connell, MS, RN, LPC
- 5:30 p.m. *Pharmacologic Treatment During Pregnancy and Postpartum* – Lucy Puryear, MD
- 6:30 p.m. Reception

Saturday, April 26, 2008

- 7:30 a.m. Registration / Continental Breakfast
- 8:00 a.m. *Effects of Maternal Depression on Offspring* – Sally Popper, PhD
- 9:15 a.m. Refreshment Break
- 9:30 a.m. *Alternative Health Options in Treating Mood Disorders* – Suzanne Alt, DO
- 10:30 a.m. *Regional Resources: Social Support's Role in the Treatment of Women*
– Meeke Centimano, LMSW
- 11:30 a.m. Panel Discussion with above Presenters
- 12:00 noon Post Test / Evaluations
- 12:15 p.m. Adjourn



FACULTY

Suzanne Alt, DO

Family Practice & Integrative Care
Private Practice
Kirksville, Missouri and
Shawnee Mission, Kansas

Ginger Breedlove, PhD, CNM, BSN, RN

Nurse Midwifery Education
Program Director
University of Kansas Medical School
of Nursing
Kansas Director HETC
Kansas City, Kansas

Meeka Centimano, LMSW

Founding Director & Clinical
Consultant
Postpartum Resource Center of Kansas
Licensed Social Worker & Therapist
Christian Family Services
Prairie Village, Kansas

Eileen Connell, MS, RN, LPC

Coordinator, Women's Emotional
Wellness
Saint Luke's Hospital of Kansas City
Kansas City, Missouri

Sally Popper, PhD

Chrysalis Center for Family
Development
Kansas City, Missouri

Lucy Puryear, MD (Keynote Speaker)

Clinical Assistant Professor of
Psychiatry
Baylor College of Medicine
Houston, Texas

Jen Stoll, CD, BA

Director of Development
Postpartum Resource Center of Kansas
Prairie Village, Kansas

John D. Yeast, MD

Director of Medical Affairs
Saint Luke's Hospital of Kansas City
Kansas City, Missouri



*Pass a copy of this
brochure to a colleague*



REGISTRATION FORM

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PLEASE PRINT CLEARLY or TYPE

NAME: _____

DEGREE: _____ SPECIALTY: _____

E-MAIL ADDRESS: _____


MAILING ADDRESS: _____

CITY, STATE, ZIP: _____

DAY PHONE: _____ FAX: _____

List one personal goal you hope to achieve by attending this conference:

Please specify any special needs, include dietary:

 _____

REGISTRATION FEE/PAYMENT OPTIONS

_____ \$200.00 Physicians (*\$250 after April 18, 2008*)

_____ \$125.00 Residents & other Health Care Professionals (*\$175 after April 18, 2008*)
(Letter from Program Director MUST accompany residents registration)

_____ I will attend the Reception Friday Evening (complimentary with registration)

Registration fee must accompany registration form to receive confirmation.

Payment will be made by:

Check VISA MasterCard Discover Card

CARD NO. _____ EXP. DATE _____

SIGNATURE _____

Make checks payable to Saint Luke's Hospital of Kansas City and return with completed registration form to:

Office of Continuing Medical Education
Saint Luke's Hospital of Kansas City
4400 Wornall Road
Kansas City, MO 64111

Or FAX registration if paying by credit card ONLY to (816) 932-5119.

This form registers participants for the conference only. Please call the Homewood Suites to make hotel reservations.



REGISTRATION

Advance registration and payment are required and must accompany the registration form for us to confirm attendance. Prior to **April 18, 2008** the registration fee is \$200 for physicians, \$125 for other healthcare professionals (residents, nurse practitioners/physicians assistants, nurse midwives, social workers, etc. *A letter from the Program Director MUST accompany resident's registrations.* **An additional \$50 will be required after the April 18, 2008 deadline.** Fee includes program syllabus, all breaks, reception and breakfast.

Make check payable to Saint Luke's Hospital of Kansas City and return with the attached registration form to the address indicated. Visa, MasterCard and Discover cards are also accepted. Credit card applications can be FAXED to 816-932-5119. For additional information, contact Carol Osborne at 816-932-3737 weekdays, email at cosborne@saint-lukes.org or cme@saint-lukes.org.



Do you have needs that we can address to make your participation more enjoyable and meaningful? Complete the appropriate space on the registration form or call 816-932-3737.



CANCELLATION

A full refund of the registration fee, less a \$50 administration fee, will be granted if the cancellation is made in writing and postmarked on or before **April 18, 2008**. Refunds will not be issued for cancellations postmarked or received after that date. Letters can be faxed to 816-932-5119, e-mailed to jprather@saint-lukes.org or mailed to:

Office of Continuing Medical Education
Saint Luke's Hospital of Kansas City
4401 Wornall Road
Kansas City, MO 64111

Saint Luke's Hospital of Kansas City reserves the right to cancel all programs and return all fees. The liability of Saint Luke's Hospital of Kansas City is limited to the course fee, and will not be responsible for any losses incurred by registrants, including but not limited to, airline cancellation charges or hotel deposits.



ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Saint Luke's Hospital of Kansas City, Missouri and The Postpartum Resource Center of Kansas and Saint Luke's Hospital of Kansas City's Women and Children's Resource Center.

AMA Saint Luke's Hospital of Kansas City, Missouri designates this educational activity for a maximum of 8 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP – Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is still pending.

AOA – Application for CME credit has been filed with the American Osteopathic Association. Determination of credit is still pending.

MONA – This program has been approved for 8 contact hours through the Missouri Nurses Association which is accredited by the Central Regional Accrediting Committee of the America Nurse Association.

All participants are required to sign attendance rosters at the beginning of each day of the conference. CME certificates will be given to participants to complete, sign and return the yellow copy to the registration desk. The white copy will be your permanent CME certificate record. A \$10 fee will be assessed to replace certificates.

Faculty presenters of continuing medical education programs sponsored by Saint Luke's

Hospital of Kansas City are expected to disclose any real of perceived conflict of interest related to the content of their presentations. Copies of faculty disclosures are included in participant program materials and/or given prior to their lecture.

Saint Luke's Hospital of Kansas City presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.



LOCATION & ACCOMMODATIONS

The conference will be held at the Saint Luke's Northland Hospital – Medical Office Bldg. (attached to the West side of the Hospital) 5844 NW Barry Road, Kansas City, MO. Ample, free parking is available directly outside the facility.

A block of sleeping rooms has been reserved for participants at Homewood Suites by Hilton, 7312 NW Polo Drive, Kansas City, MO. Homewood Suites is located just 4 miles from the airport and 3 miles from Saint Luke's Northland Hospital campus. Designed with the extended stay traveler in mind, the hotel features suites that include a private living room, bedroom and kitchen. Guest amenities include a hot suite start breakfast buffet every morning and Welcome Home Reception, Monday through Thursday, as well as a fitness center, pool, Whirlpool and Suite Shop. To receive the negotiated room rate of \$119 (plus tax) per night, call 816-880-9880 and identify yourself as a participant in this meeting. The cut-off date for the discounted rate is **April 10, 2008**. After this date, reservations will be accepted on a space available basis only.



SAINT LUKE'S HEALTH SYSTEM
Continuing Medical Education

4400 Wornall Road
Kansas City, Missouri 64111

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A primary teaching hospital of the University Missouri-Kansas City School of Medicine.

Member of the Voluntary Hospital of America (VHA) System

It is the policy of Saint Luke's Hospital not to discriminate on the basis of race, color, national origin, sex, age, religion, or any disability in admissions or access to, treatment or employment in, its programs or activities, or the provision of physician staff privileges.

Responsible Employee: Administrative Director of Civil Rights (816) 932-2103.

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