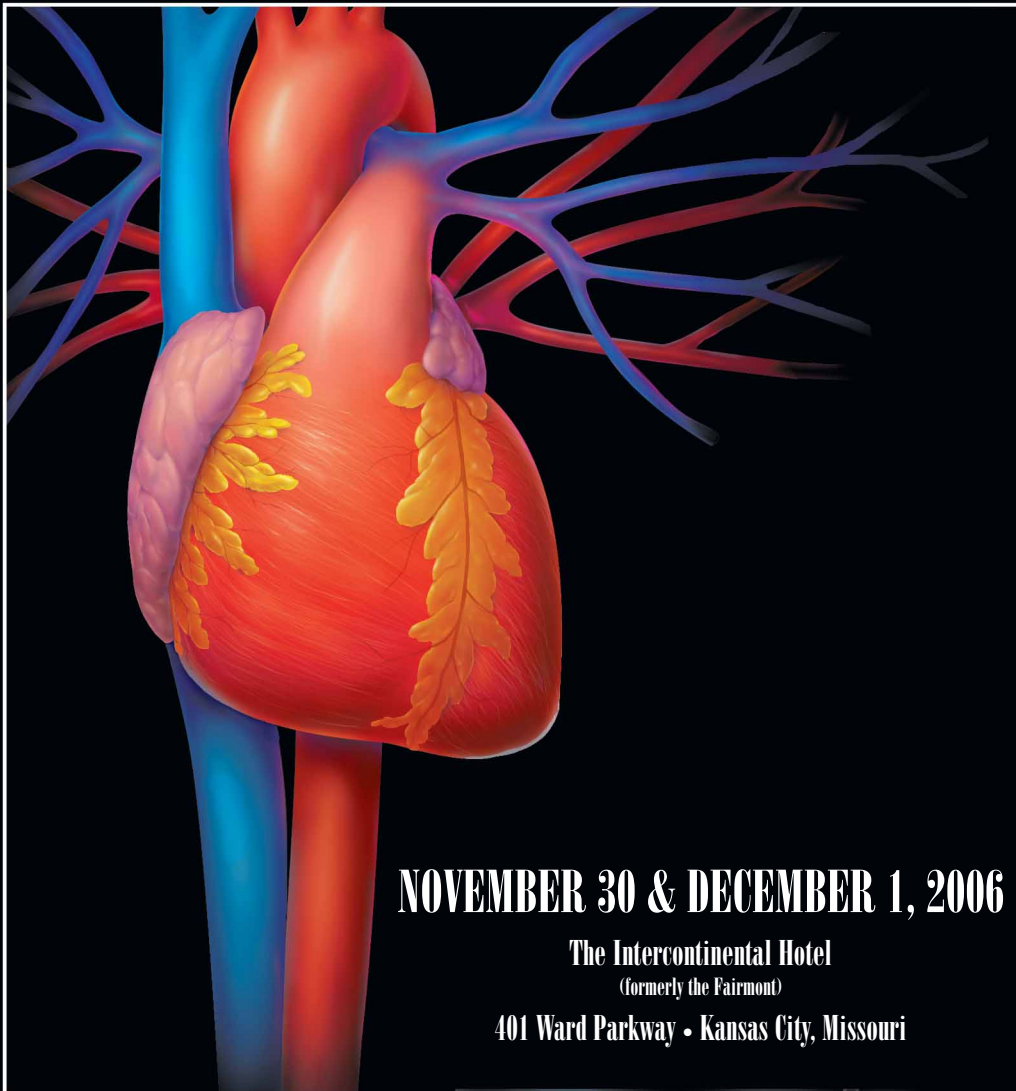


36TH ANNUAL PRESENTATION OF

*the* **HEART**



**NOVEMBER 30 & DECEMBER 1, 2006**

**The Intercontinental Hotel**  
(formerly the Fairmont)

**401 Ward Parkway • Kansas City, Missouri**

 Saint Luke's Hospital  
of Kansas City  
SAINT LUKE'S HEALTH SYSTEM  
saintlukehealthsystem.org

SPONSORED BY:  
THE OFFICE OF CONTINUING MEDICAL EDUCATION,  
SAINT LUKE'S HOSPITAL OF KANSAS CITY

 Mid America  
Heart Institute  
SAINT LUKE'S HEALTH SYSTEM  
Managed by Cardiovascular Consultants, P.C.  
saintlukehealthsystem.org

PRESENTED BY:  
CARDIOVASCULAR CONSULTANTS, P.C.  
AND  
THE MID AMERICA HEART INSTITUTE OF SAINT LUKE'S  
HOSPITAL OF KANSAS CITY

At the conclusion of this meeting, participants should be able to:

- Identify which patients without known coronary artery disease merit aggressive blood pressure and lipid lowering therapy.
- Recognize the case for the use of widespread screening tests for coronary disease.
- Describe the recent advances in invasive cardiac therapies.
- Explain to the patient the importance of BP control in renal protection.
- Describe the MDRD formula for the calculation of the GFR.
- Identify the trend of increasing CAD risk outcomes based on the GRF.
- Identify the changes in recent modifications of the ACLS protocols.
- Apply ACLS modifications appropriately to patients with life-threatening dysrhythmia.
- Discuss the rationale behind ACLS protocol modifications.
- Identify the causes of the ongoing childhood obesity epidemic.
- Assist in developing management strategies for managing childhood obesity including how to engage the parents.
- Recognize if there is place for drugs in management of childhood dyslipidemias.
- Identify the incidence and prevalence of childhood dyslipidemia and the natural history in untreated dyslipidemia.
- Assisting parents in dietary approaches for children.
- Provide new insights for the obese and dietary principles for limiting obesity.
- Utilize the ACC/HFSA heart failure guidelines.
- Describe the association between KCCQ scores and NYHA functional class.
- Identify VO2 ranges for men and women and the relationship to exercise capacity.
- Identify the potential risks of CV disease to the nations when the Presidents fall ill.
- Compare auscultatory findings with echo findings and be able to understand if they coincide.
- Apply the neck vein finding to a diagnosis of heart dysfunction.
- Provide a template for patients to be successful in initiating and maintaining an activity program.
- Recognize the role of a new anti-anginal class, including contraindications for patients with angina pectoris.
- Describe the mechanism of action of this new anti-anginal in reducing cardiac ischemia.
- Discuss gender related differences in risk factors for cardiovascular disease.
- Review cardiovascular syndromes unique to women.
- Discuss hormone therapy and relation to cardiovascular disease.
- Recognize that oxidative stress and endothelial dysfunction occur in proportion to spikes of glucose, and lipids immediately following a meal.
- Recognize that CV prognosis in diabetics, pre-diabetics and coronary disease patients is closely related to postprandial levels of glucose and lipids.
- Discuss the effective pharmacologic and dietary/lifestyle therapeutic options for normalizing post meal levels of glucose and lipids.
- Identify the current ACC/AHA Guidelines for prophylactic/primary ICD therapy.
- Discuss the recent clinical trial data that supports the use of primary ICD therapy.
- Identify FDA requirements of generic and re-formulation products of existing brand-name pharmaceuticals.
- Discuss the cost structure of generic pharmaceuticals
- Recognize the class effect versus drug specific effects (or FDA approved effects) of cardiovascular agents.
- Identify patients at risk for psychosocial issues following device therapy.
- Identify psychosocial parameters that can predict patient response to device therapy.
- Utilize steps that can be taken to reduce adverse psychosocial outcomes post device implantation.
- Identify ways to help improve patient quality of life after device implantation.
- Discuss the evidence supporting the use of medical and non-medical interventions after myocardial infarction.
- Recognize the importance of post MI guideline adherence as a measure of quality in healthcare delivery.
- Describe the role of various revascularization strategies for patients with multi-vessel coronary artery disease and AMI.
- Identify indications for stress-testing following myocardial infarction.
- Select the appropriate stress-test following myocardial infarction.
- Discuss the relative strengths and weakness of different methods of stress testing post-MI.
- Identify the role for assessing myocardial viability following myocardial infarction.

## THURSDAY, NOVEMBER 30, 2006

- A.M. Moderator: Richard M. Moe, MD, PhD
- 7:15 a.m. Exhibits, Registration, Continental Breakfast
- 8:00 a.m. Welcome and Introductions
- 8:15 a.m. Major Studies of 2006  
*Randall C. Thompson, MD*
- 9:00 a.m. Renal Function Indices and Vascular Implications  
*Ahmed M. Awad, MD*
- 9:45 a.m. The Modified ACLS Protocols: What You Need to Know  
*K. Michael Zabel, MD*
- 10:00 a.m. Refreshment Break and Exhibits  
The Doctor Is In – *Tracy L. Stevens, M.D.*
- 10:30 a.m. Childhood Obesity: The Epidemic Continues  
*Monica Pierson, MD*
- 11:00 a.m. Lipid Management in the Young  
*Geetha Raghueer, MD*
- 11:30 a.m. Dietician Update and Questions  
*Glenna Moe, RD, MS and Joan O'Keefe, RD*
- 12:15 p.m. Luncheon (Provided)  
*\*Optional Luncheon Workshops*
- 12:15 p.m. Putting Heart Failure Guidelines into Practice  
*Felicia D. Menefee RN, MSN, CS, M-SCNS, ANP*
- 12:45 p.m. Is Everyone Ready For Tool Time?  
*Janet M. Lipke, RN, BC-ANP*
- P.M. Moderator: Tracy L. Stevens, M.D.
- 1:30 p.m. Introductions and Announcements
- 1:40 p.m. Cardiovascular Health of the U.S. Presidents  
*Jay W. Murphy, MD*
- 2:30 p.m. Does This Patient Have Heart Disease?: Conundrums In Bedside Diagnosis  
*Robert D. Conn, MD*
- 3:00 p.m. Refreshment Break and Exhibits  
The Doctor Is In – *K. Michael Zabel, M.D.*
- 3:30 p.m. Toward Regular Activity  
*Richard M. Moe, MD, PhD*
- 3:50 p.m. The New Anti-Anginal  
*Randall C. Thompson, MD*
- 4:10 p.m. Interactive Cases/Ask the Professor  
*K. Michael Zabel, MD*
- 5:00 p.m. Adjourn
- 5:15 p.m. Reception

# the HEART

## COURSE DESCRIPTION

Each segment of the course will be introduced by a keynote lecture. This will be followed by a series of instructional clinical cases in which each participant will have a computerized response system and will interact with the program regarding questions presented from the cases. Specific cardiovascular topics have been selected from participant evaluation responses of previous CME activities, literature reviews and interaction with area physicians.

## THE DOCTOR IS IN

"The Doctor Is In" is a segment of the heart conference that will provide the participants with opportunity to ask conference faculty specific patient related questions. Please note times in the program schedule for when "The Doctor Is In."

**FRIDAY, DECEMBER 1, 2006**

- A.M. Moderator:** K. Michael Zabel, MD
- 8:15 a.m.** Exhibits, Registration, Continental Breakfast
- 8:30 a.m.** Heart Disease in Women: The Other Stuff  
*Tracy L. Stevens, MD*
- 9:15 a.m.** Improving CV Health One Meal at a Time: the Dangers of Post-Meal Spikes in Glucose and Lipids  
*James H. O'Keefe, MD*
- 10:00 a.m.** Refreshment Break and Exhibits  
**The Doctor Is In – James O'Keefe, Jr., M.D.**
- 10:30 a.m.** SBE Prophylaxis-For Whom?  
*Stephanie L. Lawhorn, MD*
- 11:00 a.m.** Saving Lives: The Role of ICD Therapy  
*David G. Skolnick, MD*
- 11:30 a.m.** Doctor, Can I Take a Generic?  
*Martin (Tony) H. Zink, III MD*
- 12:00 p.m.** Luncheon (Provided)  
*\*Optional Luncheon Workshops*
- 12:15 p.m.** Management of PVD – New Guidelines  
*Ginger McIntosh James, RN, BC, ANP*
- 12:45 p.m.** Psychosocial Effects In Patients Receiving Implanted Cardioverter ICDs And Pacemakers: The Impact Of Device Therapy  
*Stella Brainoo, RN, BC, FNP*
- P.M. Moderator:** Randall C. Thompson, M.D.
- 1:20 p.m.** Introductions and Announcements  
*Randall C. Thompson, MD*
- 1:30 p.m.** Evidence Based Post Myocardial Infarction Management: Is "Getting With The Guidelines" Enough?  
*J. Aaron Grantham, MD*
- 2:15 p.m.** Post MI Interventions & Follow-Up Stress Exams  
*A. Iain McGhie, MD*
- 2:45 p.m.** Refreshment Break and Exhibits  
**The Doctor Is In – Richard M. Moe, MD, PhD**
- 3:15 p.m.** Interactive Cases  
*K. Michael Zabel, M.D*
- 4:15 p.m.** Drawing: At the conclusion of the program, there will be a drawing for 20 medical textbooks provided by Pfizer, Inc. You must be present to win.
- 4:30 p.m.** Adjourn

**Ahmed M. Awad, DO**  
Consulting Nephrologist  
Saint Luke's Hospital  
of Kansas City  
Assistant Professor of Medicine  
University of Missouri-Kansas  
City School of Medicine  
Kansas City, Missouri

**Stella Brainoo, RN, BC, FNP**  
Mid-Level Provider  
Cardiovascular Consultants, PC  
Kansas City, Missouri

**Robert D. Conn, MD**  
Consulting Cardiologist  
Mid America Heart Institute  
of Saint Luke's Hospital  
Clinical Professor of Medicine  
University of Missouri-Kansas  
City School of Medicine  
Kansas City, Missouri

**J. Aaron Grantham, MD**  
Consulting Cardiologist  
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of Saint Luke's Hospital  
Associate Professor of Medicine  
University of Missouri-Kansas  
City School of Medicine  
Kansas City, Missouri

**Felicia D. Meneff, RN, MSN, CS, M-SCNS, ANP**  
Mid-Level Provider  
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Kansas City, Missouri

**Glenna Moe, MS, RD, LD, MS**  
Executive Health Dietitian  
Cardiac Rehabilitation  
Saint Luke's Hospital  
Kansas City, Missouri

**Richard M. Moe, MD, PhD**  
Medical Director, Cardiac  
Rehabilitation  
Saint Luke's Hospital  
of Kansas City  
Director of Preventive Medicine  
Saint Luke's Health System  
Kansas City, Missouri

**Jay W. Murphy, MD**  
Consulting Cardiologist  
Olathe Medical Center  
Olathe, Kansas

**James H. O'Keefe, Jr, MD**  
Director, Preventive Cardiology  
Fellowship Program  
Mid America Heart Institute  
of Saint Luke's Hospital  
Professor of Medicine  
University of Missouri-Kansas  
City School of Medicine  
Kansas City, Missouri

**Joan O'Keefe, RD**  
Registered Dietitian  
Private Practice  
Mission Hills, Kansas

**Monica Pierson, MD**  
Board Certified Pediatrician  
and Bariatrician  
Weight Management Medical  
Center, PA  
Overland Park, Kansas

**Geetha Raghuvver, MD**  
Assistant Professor of Pediatrics  
Section of Cardiology  
Children's Mercy Hospital  
Kansas City, Missouri

**David G. Skolnick, MD**  
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of Saint Luke's Hospital  
Clinical Assistant Professor  
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Kansas City, Missouri

**Tracy L. Stevens, MD**  
Medical Director  
Muriel I. Kauffman Women's  
Heart Center  
Medical Director  
Cardiac Transplantation Program  
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Saint Luke's Hospital  
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**Martin (Tony) H. Zink, III, MD**  
Consulting Cardiologist  
Mid America Heart Institute  
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Kansas City, Missouri

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## DOCTOR IS IN

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REGISTRATION INFORMATION

Advance registration and payment are required and must accompany the registration form in order to confirm your reservation. The fee, which includes meeting materials, both lunches, and the reception is \$325 for physicians and \$195 for other health care professionals until **November 24, 2006**. The registration fee for registration postmarked and/or received after **November 24, 2006** will be \$375 for physicians and \$245 for all other healthcare professionals. A limited number of spaces for the conference will be available for physicians-in-training at no charge. (A letter from the program director **MUST** accompany these registrations.) If paying by check, make check payable to **Saint Luke's Hospital**. Visa, Mastercard, and Discover are also accepted. Please return payment with the attached Registration Form to the address indicated. FAX registration can be made if paying by credit card to (816) 932-5119. Contact the Continuing Medical Education Office at (816) 932-2220 or send E-mail to [cme@saint-lukes.org](mailto:cme@saint-lukes.org) for more information. Visit our website at [www.saint-lukes.org](http://www.saint-lukes.org).



Do you have needs that we can address to make your participation more enjoyable and meaningful? Complete the appropriate space on the registration form or call Kim McChesney at (816) 932-5140.

CANCELLATION POLICY

A full refund of the registration fee, less a \$50 administrative fee, will be granted **if the cancellation is made** in writing, postmarked and/or received on or before **November 24, 2006**. Please send all cancellations to:

Office of Continuing Medical Education  
 Saint Luke's Hospital of Kansas City  
 4401 Wornall Road  
 Kansas City, MO 64111

Saint Luke's Hospital Kansas City reserves the right to cancel all programs and return all fees. The liability of Saint Luke's Hospital is limited to the course fee. Saint Luke's Hospital will not be responsible for any losses incurred by registrants including, but not limited to, airline cancellation charges or hotel deposits.

ACCREDITATION

**AMA** Saint Luke's Hospital of Kansas City, Missouri is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

Saint Luke's Hospital of Kansas City designates this educational activity for a maximum of 12.0 (plus 1.0 hour for attending the Optional Luncheon Workshop each day) *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of the participation in the activity.

Faculty presenters of continuing medical education programs sponsored by Saint Luke's Hospital of Kansas City are expected to disclose any real or perceived conflict of interest related to the content of their presentations. Copies of faculty disclosures are included in participant program materials and/or given prior to the lecture.

Saint Luke's Hospital of Kansas City presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

**AAFP** Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is still pending.

**AOA** This program has been reviewed and is acceptable for 14.0 hours of Category 2-A credit by the American Osteopathic Association.

**MONA** Saint Luke's Hospital is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This course is approved for 15.1 contact hours (plus 1.0 contact hour for attending the Optional Luncheon Workshop each day)

the HEART

REGISTRATION FORM

THE 36TH ANNUAL PRESENTATION OF THE HEART  
 NOVEMBER 30 & DECEMBER 1, 2006  
 THE INTERCONTINENTAL KANSAS CITY AT THE PLAZA

Please Print

Name \_\_\_\_\_

Degree \_\_\_\_\_

Specialty \_\_\_\_\_

Social Security Number \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Office Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

FAX \_\_\_\_\_ E-mail \_\_\_\_\_

Please list one personal goal you have for this course: \_\_\_\_\_

Please specify any needs including dietary: \_\_\_\_\_

- I will attend Thursday's Luncheon (lunch only)
- I will attend Thursday's Optional Luncheon Presentations (presentation with lunch)
- I will attend Friday's Luncheon (lunch only)
- I will attend Friday's Optional Luncheon Presentations (presentation with lunch)
- I will attend the Reception
- I will not attend Thursday's Luncheon (lunch only)
- I will not attend Thursday's Optional Luncheon Presentations (presentation with lunch)
- I will not attend Friday's Luncheon (lunch only)
- I will not attend Friday's Optional Luncheon Presentations (presentation with lunch)
- I will not attend the Reception

PAYMENT INFORMATION

- \$325 Physicians (\$375 after 11/24/06)
- \$275 Saint Luke's Health System Physicians (\$325 after 11/24/06)
- \$195 Other Health Care Professionals (\$245 after 11/24/06)
- \$150 Saint Luke's Health System Nurses (\$200 after 11/24/06)
- \$ 0 Saint Luke's Hospital and Truman Medical Center Residents and Fellow (Letter from Program Director must accompany registration)

\$ \_\_\_\_\_ TOTAL

Registration fee must accompany registration form to receive confirmation.

Payment will be made by:  CHECK  VISA  MASTER CARD  DISCOVER

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

Make checks payable to: **SAINT LUKE'S HOSPITAL** and return with completed registration form to:

OFFICE OF CONTINUING MEDICAL EDUCATION  
 SAINT LUKE'S HOSPITAL OF KANSAS CITY  
 4401 WORNALL RD  
 KANSAS CITY, MO 64111

Or FAX registration if paying by credit card ONLY to:  
 (816) 932-5119

PASS A COPY OF THIS BROCHURE TO A COLLEAGUE.

## WHO SHOULD ATTEND

This conference will provide a valuable learning experience for general and family physicians, internists, cardiologists, cardiac fellows, nurses, and residents.

## A CALL FOR CASES

Do you have an interesting case that you would like to have included in the program case presentations? If you have a case that involves childhood obesity, geriatric care and generic pharmaceuticals, post MI management, or any other topic related to this year's agenda, please send in a history and your questions regarding the case with your registration form.

## ACKNOWLEDGEMENTS

We would also like to thank the following major sponsors:  
**CV Therapeutics**

We would also like to thank the following corporate sponsor:  
**CardioScan**  
**CardioTabs**  
**Merck and Co., Inc.**

## LOCATION AND ACCOMMODATIONS

A block of rooms has been reserved at the Intercontinental Kansas City at the Plaza (formerly The Fairmont), 401 Ward Parkway, Kansas City, Missouri in the heart of Kansas City at the Country Club Plaza. The Country Club Plaza is a fourteen square block shopping, dining, and entertainment district. The city's best collection of national stores, local boutiques, restaurants, and galleries are surrounded by nearly 50 fountains and sculptures as well as the newly renovated Brush Creek "River" Walk. As in the past the conference is held during the season of the Country Club Plaza Holiday lights-a unique Kansas City experience. An entire 14-square block area is illuminated with over 175,000 jewel colored bulbs. Spanning 60 miles, the lights outline every tower, dome, balcony, courtyard and building found there. Plan to bring your family and friends to enjoy the renowned Plaza lights while doing some great holiday shopping.

To receive the negotiated group discount of \$189/night call The Intercontinental directly at (816) 756-1500 or (866) 856 9717 and identify yourself as a participant in this meeting. You may also contact the Group Reservations Coordinator directly at (816) 303-2934 or send e-mail to [phenuber@kansascityic.com](mailto:phenuber@kansascityic.com). Reservations may be made on line at [www.intercontinental.com](http://www.intercontinental.com). In order to make a reservation select the country, city and state and enter arrival/departure dates. When you arrive at the page for the Kansas City hotel, click on the blue print titled "Kansas City At The Plaza". Next on the left hand side of the enter HEA in "Group Booking Code".

The cut-off date for the discounted rate is **October 30, 2006**. After this date, reservations will be accepted on a space available basis only. If you are considering extending your reservation through Saturday night, December 2, 2006 you should call as early as possible to make your arrangements since the hotel has been historically sold out over the weekends between Thanksgiving and Christmas. There are a limited number of rooms available at the group discount that evening.

## MID AMERICA HEART INSTITUTE OF SAINT LUKE'S HOSPITAL



The Mid America Heart Institute of Saint Luke's Hospital is the region's premier cardiac center, world-renowned for its work in the diagnosis and treatment of heart disease. The Mid America Heart Institute features: Four cardiac surgical suites, eight cardiac catheterization laboratories, nine non-invasive laboratories, a 12-bed coronary unit, 102 medical intermediate cardiac beds, an 18-bed cardiothoracic surgical intensive care unit, 34 surgical intermediate cardiac beds, a 15-bed angioplasty recovery unit and a 16-bed cardiovascular holding unit. More than 2,000 coronary balloon angioplasties, 6,000 cardiovascular lab procedures and 950 open heart surgeries are performed annually. The Heart Institute also supports an active and expanding heart transplantation program. The Cardiovascular Clinical Research Center is an analytical data center that facilitates and improves cardiovascular research at The Mid America Heart Institute of Saint Luke's Hospital.

## PLANNING COMMITTEE

### Richard Moe, MD, PhD

Co-course Director  
Cardiovascular Consultants, PC  
Kansas City, Missouri

### James H. O'Keefe, Jr, MD

Co-course Director  
Cardiovascular Consultants, PC  
Kansas City, Missouri

### Tracy L. Stevens, MD

Co-course Director  
Cardiovascular Consultants, PC  
Kansas City, Missouri

### K. Michael Zabel, MD

Co-course Director  
Cardiovascular Consultants, PC  
Kansas City, Missouri

### Becky Captain, RN, MSN, BC, FNP-C

Mid-Level Provider  
Cardiovascular Consultants, PC  
Kansas City, Missouri

### Thomas G. Maddox, MD

Department of Family Practice  
Saint Luke's Hospital of Kansas City  
Kansas City, Missouri

### Felicia D. Menefee, RN, MSN, CS, M-SCNS, ANP

Mid-Level Provider  
Cardiovascular Consultants, PC  
Kansas City, Missouri

### Kim McChesney

CME Coordinator  
Saint Luke's Hospital of Kansas City  
Kansas City, Missouri

### Ashley Peacock, RN, BN, BC

Clinical Education Specialist  
Saint Luke's Hospital of Kansas City  
Kansas City, Missouri

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**SAINT LUKE'S HEALTH SYSTEM**

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City School of Medicine

Member of the Voluntary Hospital of America (VHA) System

It is the policy of Saint Luke's Hospital not to discriminate on the  
basis of race, color, national origin, sex, age, religion, or any  
disability in admissions or access to, treatment or employment in, its  
programs or activities, or the provision of physician staff privileges.

Responsible Employee: Administrative Director of Civil Rights-  
(816) 932-2103