



SAINT LUKE'S HEALTH SYSTEM

Directed by Cardiovascular Consultants, P.A.

saintlukeshealthsystem.org

NEWS

Nov. 3, 2009

For Immediate Release

Media Contact: Kerry O'Connor (816) 932-8646, pager (816) 440-0001

Heart health event to feature actress Goldie Hawn

Saint Luke's event Dec. 3 will also honor 2009 Heart Healthy Woman of the Year

KANSAS CITY, Mo. – Women interested in cultivating an increased awareness of their heart health – the No. 1 health threat to women – are encouraged to attend “Accessorizing Your Heart Health,” hosted by Saint Luke’s Muriel I. Kauffman Women’s Heart Center on Dec. 3.

The education event will feature guest speaker Goldie Hawn, Academy Award® winning actress, children’s advocate and founder of The Hawn Foundation. Believing that happiness is “no laughing matter,” Hawn’s contagious energy and enthusiasm teach that all are capable of healing themselves by embracing the joys of life.

Event honorary chair is Ellen Hockaday. Co-chairs are Mary Kay Horner and Audrey Langworthy.

“A woman’s heart is her most important accessory,” said Hockaday. “Emotions such as mirthful laughter, optimism and hope can have a positive impact on health and heart disease. We hope this event motivates women to improve their health through education and self-empowerment and we encourage women to treat themselves to an evening they won’t soon forget.”

In addition, one area woman will be presented with the “Heart Healthy Woman of the Year” community award from Saint Luke’s. The award is designed to recognize a woman who engages her inner mind, body and soul to improve her overall heart health to the best of her ability while inspiring others to do the same.

What: Accessorizing Your Heart Health
When: Thursday, Dec. 3
Time: 6:30 – 9 p.m.
Location: InterContinental Kansas City at the Plaza, 401 Ward Parkway, Kansas City, Mo., 64112

Cost: \$50 per person / sponsorships available
Register: Call (816) 932-6220, option two, or register online at
saintlukeshealthsystem.org

About Goldie Hawn, Academy Award® winning actress, children’s advocate and founder of The Hawn Foundation

One of the most recognizable and beloved actresses in Hollywood, Goldie Hawn won an Academy Award for Best Supporting Actress in 1969 for her work in *Cactus Flower* alongside Walter Matthau and Ingrid Bergman. Since then, she has worked on more than 30 films including *Sugarland Express*, *Death Becomes Her*, *Everyone Says I Love You* and *The First Wives Club*. She earned a second Academy Award nomination for her starring role in *Private Benjamin*, which she also executive produced. In 2005 Hawn published a best-selling memoir, *A Lotus Grows in Mud*, and is a mother to three grown children, Oliver and Kate Hudson and Wyatt Russell. She is the founder of The Hawn Foundation, a public charity with a mission to equip children with the social and emotional skills they need to lead smarter, healthier and happier lives.

About the Saint Luke’s Muriel I. Kauffman Women’s Heart Center

Heart disease is the No. 1 cause of death in American women. Founded in 1994 as the country’s first cardiac center dedicated to women, the Saint Luke’s Muriel I. Kauffman Women’s Heart Center’s mission is to empower women to be proactive and to take ownership of their heart health through education and risk factor awareness for coronary artery disease. To date, the center has educated more than 100,000 women in the Kansas City area. Hospitals throughout the nation frequently seek consultation at the Women’s Heart Center to learn about its successful model of care. Services will relocate in 2010 to a new \$8 million, 9,000 square foot center on the Saint Luke’s Hospital campus.

** MEDIA NOTE –Previously Joy Behar was scheduled as the guest speaker, but is unable to attend due to a scheduling conflict. The Accessorizing Your Heart Health committee is delighted to welcome Goldie Hawn as our featured keynote speaker for this event.*

Saint Luke’s Mid America Heart Institute is a member of Saint Luke’s Health System, which consists of 11 area hospitals and several primary and specialty care practices, and provides a range of inpatient, outpatient, and home care services. Founded as a faith-based, not-for-profit organization, our mission includes a commitment to the highest levels of excellence in health care and the advancement of medical research and education. The health system is an aligned organization in which the physicians and hospitals assume responsibility for enhancing the physical, mental, and spiritual health of people in the metropolitan Kansas City area and the surrounding region.

###