

Serving the Deserving



What We Do

Provide high-quality, bilingual health, dental, and education services to the Hispanic community and residents of the Greater Kansas City area, regardless of patients' ability to pay

"I hadn't been to a doctor in 16 years because I had no insurance and couldn't afford it. I thank God there's Cabot for people like me."

**Becky Riedl,
Cabot Westside
Health Center patient**

Cabot Westside Health Center helps fill the health care gap for low-income patients with little or no insurance

Friendly and outgoing, Becky Riedl had always been "a people person." But when she turned 47, she took an isolating turn.

"I became irritable," said the self-employed office cleaner from Independence. "I cried all the time. I suddenly hated people. I locked my door and wouldn't let anyone in the house or answer the phone. I was just a basket case."

In addition to mood swings, Riedl suffered severe hot flashes and night sweats.

"I hadn't been to a doctor in 16 years because I had no insurance and couldn't afford it," Riedl said.



"But the way I felt scared me. I didn't know what was happening."

Fortunately, the staff at Cabot Westside Health Center did. Blood work and other tests revealed Riedl was not only entering menopause, her blood pressure was soaring. But thanks to affordable medication and regular checkups, she's back in control again.

The City's Safety Net

Riedl is just one of 7,000 patients—90 percent of whom are Hispanic—who regularly seek treatment at Cabot. Located at Summit Street and West Pennway, the clinic has been treating the Greater Kansas City area's underserved population since 1906. Its bilingual staff provides comprehensive primary care and dental services for people with little or no insurance, who pay on a sliding scale according to income.

"I thank God there's Cabot for people like me because it's helped me immensely," Riedl said. "And if there's ever a time I can afford insurance, I'd still like to stay with Cabot. The staff treats me like an individual; I'm never just a number to them."

How You Can Help

Private donations help Cabot Westside Health Center sustain services for the underinsured and working poor:

- \$40** Immunizations for a child during a Well Baby visit
- \$80** Dental filling for a patient with financial need
- \$115** Prenatal visit for uninsured mother
- \$300** Dental checkups with X-rays for two children
- \$500** Week of financial counseling programs for 100 people

ACT NOW

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Giving form and send
in your gift today!**