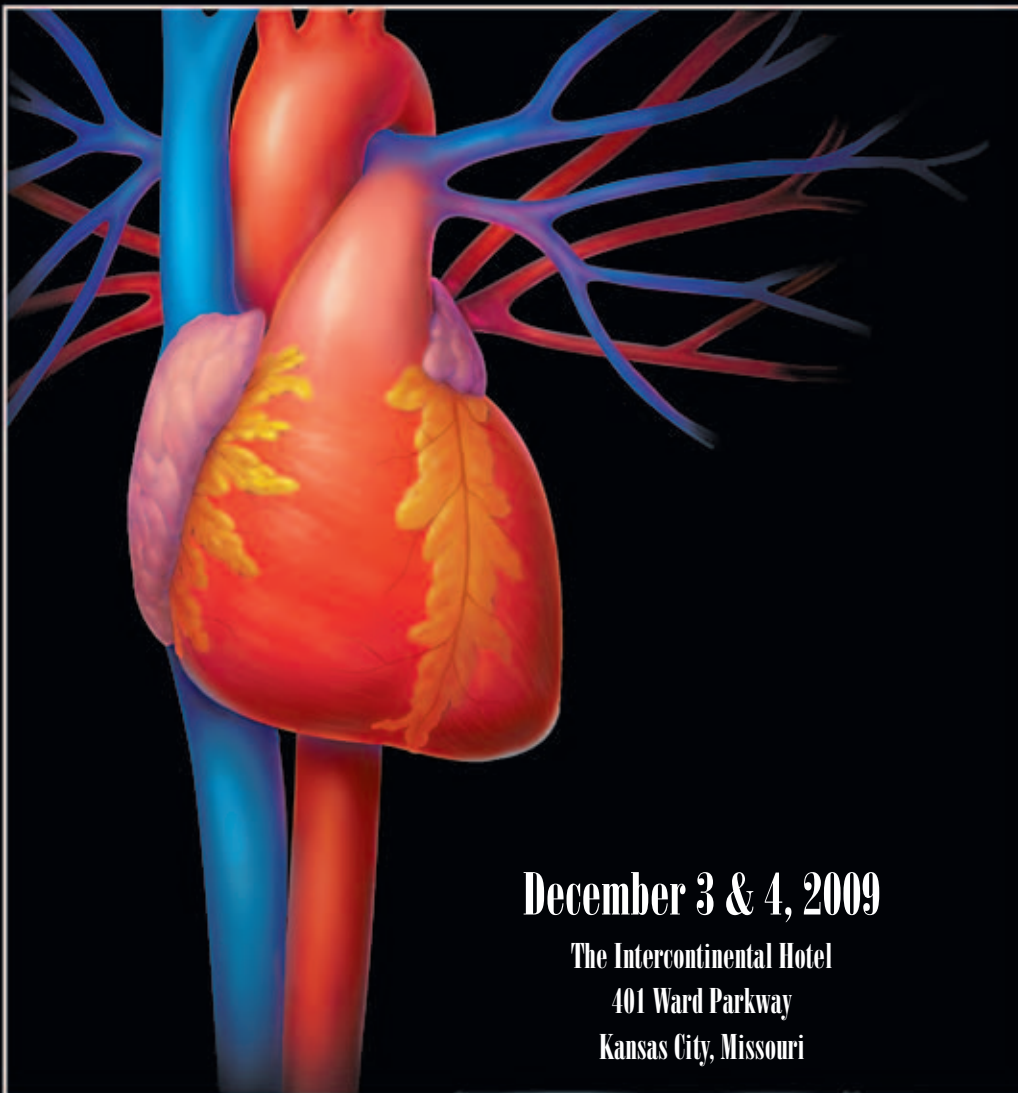


39TH ANNUAL PRESENTATION OF

the HEART



December 3 & 4, 2009

The Intercontinental Hotel

401 Ward Parkway

Kansas City, Missouri

 **UMKC School
of Medicine**


Mid America
Heart Institute
Managed by Cardiovascular Consultants, P.C.
saintlukehealthsystem.org

SPONSORED BY:
THE OFFICE OF CONTINUING MEDICAL EDUCATION,
UMKC SCHOOL OF MEDICINE

PRESENTED BY:
CARDIOVASCULAR CONSULTANTS, P.C.
AND
THE MID AMERICA HEART INSTITUTE OF SAINT LUKE'S
HOSPITAL OF KANSAS CITY

At the conclusion of this meeting, participants should be able to:

- Identify newest interventional techniques and studies available for patients. (DJC)
- Compare and contrast bare and drug-eluting stents. (DJC)
- Describe stent placement for patients with coronary artery disease. (DJC)
- Explain to patients potential use of aortic valve therapy methods, surgical versus percutaneous. (DJC)
- Recognize the progress in valvular surgery for the frail patient. (DJC)
- Properly utilize medications indicated with CV stent use. (JAG)
- Identify indications for therapeutic approaches to AAA such as when to use stent versus surgical intervention. (JAG)
- Identify the common medications in CV disease which are contraindicated in pregnancy and medications for use in pregnancy. (DEW)
- Identify benign and non-benign cause of syncope. (DGS)
- Discuss guidelines for cardiac evaluation for syncope. (DGS)
- Recognize the role of pacemaker, ICD therapy in treating syncope. (DGS)
- Describe how to tailor an initial evaluation of syncope. (DGS)
- Identify and select appropriate therapy for woman with established heart disease. (TLS)
- Recognize the importance of treating women according to the most recent clinical evidence. (TLS)
- Describe the basic physiology and management principles for managing venous insufficiency. (DC)
- Recognize common symptoms of venous insufficiency evident prior to development of physical findings. (DC)
- Discuss current treatment strategies for venous insufficiency. (DC)
- Recognize signs and symptoms if/when your patients having device problems (TG)
- Use data from the device interrogation to help with patient care (TG)
- Discuss with patient's risks associated with nuclear testing. (TMB)
- Recognize manifestations of aneurysmal disease. (RCT/KAB)
- Discuss the appropriate management for intermittent claudication. (RCT/KAB)
- Identify variants and management options for renal vascular hypertension. (RCT/KAB)
- Identify non-coronary, cardiovascular causes of chest pain. (RCT/KAB)
- Recognize long-term implications of diastolic dysfunction. (SLL)
- Discuss with patients possible and common causes of muscular cramping. (RMM)
- Discuss chest pain causes with patients and manage the symptom as required. (DCMD)
- Articulate guidelines Omega-3 fatty acid use in risk prevention. (WSH)
- Recognize benefits and risks of fish ingestion (WSH)
- Identify which medications are most effective for smoking cessation. (JHO)
- Identify which diuretics have the best outcome for hypertension treatment. (JHO)
- Knowledgeable regarding the importance of vitamin D to our health. (BC)
- Will become knowledgeable regarding treatments for vitamin D deficiency. (BC)
- Discuss indications for prescribing spironalactone inpatients with heart failure. (JL)
- Identify one difference between diastolic and systolic heart failure (JL)
- Discuss current guidelines for pre-participation exams including the debate of including ECGs. (AM)
- Identify unique ECG findings (both normal and abnormal) in young trained athletes. (AM)
- Recognize the relative contribution of diet to development of cardiovascular disease. (RCT/JHO)
- Discuss the controversy over which is the healthiest diet and the limitations to diet therapy. (RCT/JHO)
- Advise patients and answer questions regarding dietary controversies. (RCT/JHO)

THURSDAY, DECEMBER 3, 2009

- AM Moderator: *Richard M. Moe, MD, PhD*
- 7:00 a.m. Exhibits, Registration, Continental Breakfast
- 8:00 a.m. Welcome and Introductions
- 8:15 a.m. **New Advances in Interventional Cardiology: What's The Newest**
David J Cohen, MD
- 8:45 a.m. **A Primer in Intervention and The Basics**
J Aaron Grantham, MD
- 9:30 a.m. **Pregnancy in the CV Patient**
Michelle L Dew, MD
- 10:00 a.m. Refreshment Break and Exhibits
The Doctor Is In – *Tracy L. Stevens, MD*
- 10:30 a.m. **The Challenges of Syncope**
David G. Skolnick, MD
- 11:00 a.m. **Review of the Guidelines for Prevention of CVD in Women**
Tracy L. Stevens, MD
- 12:00 p.m. Luncheon (Provided)
- *Optional Luncheon Workshops
- 12:10 p.m. **Venous Insufficiency: The Ignored Stepchild of Vascular Disease**
Diane Cunningham, RN, BC, FNP
- 12:35 p.m. **What You Need to Know When Your Patients Have Implantable Cardiac Devices: Helpful Tips for Primary Care Providers**
Tai Greer, NP
- PM Moderator: *K. Michael Zabel, M.D.*
- 1:15 p.m. Introductions and Announcements
K. Michael Zabel, MD
- 1:30 p.m. **CV Imaging – Is Radiation a Concern?**
Timothy M Bateman, MD
- 2:00 p.m. Concurrent 30-Minute Sessions
- A. **A Potpourri of Cardiovascular CT Cases of Superb Teaching Value**
***Limited to 20 Physicians**
Randall C. Thompson, MD and Kevin A. Bybee, MD
- B. **Echo Says Diastolic Dysfunction**
Stephanie L. Lauhorn, MD
- 2:40 p.m. Concurrent 30-Minute Sessions
- A. **A Potpourri of Cardiovascular CT Cases of Superb Teaching Value**
***Limited to 20 Physicians**
Randall C. Thompson, MD and Kevin A. Bybee, MD
- B. **Why Do I Get These Cramps?**
Richard M. Moe, MD, PhD
- 3:15 p.m. Refreshment Break and Exhibits
The Doctor Is In – *Kevin A. Bybee, MD*



COURSE DESCRIPTION

The course will be divided into four one-half day sessions. The concurrent sessions on Thursday. Specific topics presented here from previous conferences.

THE DOCTOR IS IN

"The Doctor Is In" is a segment of the heart conference that faculty specific patient related questions. Please note times in

- 3:45 p.m. **How to Sort Out Chest Pain**
Donald R. Campbell, MD
- 4:15 p.m. **CV Disease Management Cases**
K. Michael Zabel, MD
- 5:00 p.m. Adjourn
- 5:15 p.m. Reception

FRIDAY, DECEMBER 4, 2009

- AM Moderator: *Kevin A. Bybee, MD*
- 8:00 a.m. Registration, Exhibits, Continental Breakfast
- 8:30 a.m. **Major CV Studies for 2009**
Randall C. Thompson, MD
- 9:15 a.m. **Omega-3 Molecules to Megatrials – Guidelines for Intake**
William S. Harris, PhD
- 10:00 a.m. **No Smoking Allowed: How to Get Your Patients Unhooked From Tobacco**
James H. O'Keefe, Jr., MD
- 10:30 a.m. Refreshment Break and Exhibits
The Doctor Is In – *Richard M. Moe, M.D., PhD*
- 11:00 a.m. **Changing Horses in Midstream: Re-thinking Your Diuretics of Choice**
James H. O'Keefe, Jr., MD
- 12:00 p.m. Luncheon (Provided)
- *Optional Luncheon Presentations
- 12:10 p.m. **Vitamin D: From Sun Worshippers to Sun Phobes**
Becky Captain, RN, BC, FNP-C
- 12:35 p.m. **CSI: HF (Case Studies of Interest: Heart Failure)**
Janet M. Lipke, RN, BC, ANP
- P.M. Moderator: *Tracy L. Stevens, M.D.*
- 1:15 p.m. Introductions and Announcements
- 1:30 p.m. **Challenging the Standards: Experience with ECG and Echocardiographic Screening Among Professional and Collegiate Athlete Populations**
Anthony Magalski, MD
- 2:00 p.m. **Pre-Participation Sports Examinations: A Critical Look at the Current Guidelines**
Anthony Magalski, MD
- 2:30 p.m. **The Hunter Gatherer Diet – Pro and Con – A Debate**
James H. O'Keefe, Jr., MD vs Randall C. Thompson, MD
- 3:15 p.m. Refreshment Break and Exhibits
The Doctor Is In – *Richard M. Moe, MD, PhD*
- 3:45 p.m. **Cases in Cardiovascular Disease**
K. Michael Zabel, MD
- 4:15 p.m. Adjourn
At the conclusion of the program, there will be A drawing for 20 medical textbooks. You must be present to win.

Timothy M. Bateman, MD
Consulting Cardiologist
Mid America Heart Institute
of Saint Luke's Hospital
Professor of Medicine
University of Missouri-Kansas
City School of Medicine
Kansas City, Missouri

Kevin A. Bybee, MD
Consulting Cardiologist
Mid America Heart Institute
of Saint Luke's Hospital
Assistant Professor of Medicine
University of Missouri-Kansas
City School of Medicine
Kansas City, Missouri

Donald R. Campbell, MD
Chairman and Arthur W. Robinson, MD/Missouri Endowed Chair
Saint Luke's Hospital
of Kansas City
Professor of Medicine
University of Missouri-Kansas
City School of Medicine
Kansas City, Missouri

Becky K. Captain, RN, BC, FNP-C
Family Nurse Practitioner
Cardiovascular Consultants, PC
Kansas City, Missouri

David J. Cohen, MD
Director, Cardiovascular Research
Medical Director
Health Economics and
Technological Assessment
Mid America Heart Institute
of Saint Luke's Hospital
Professor of Medicine
University of Missouri-Kansas
City School of Medicine
Kansas City, Missouri

Diane W. Cunningham, RN, BC, FNP
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Michelle L. Dew, MD
Consulting Cardiologist
Mid America Heart Institute
of Saint Luke's Hospital
Clinical Assistant Professor
of Medicine
University of Missouri-Kansas
City School of Medicine
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J. Aaron Grantham, MD
Consulting Cardiologist
Mid America Heart Institute
of Saint Luke's Hospital
Clinical Associate Professor
of Medicine
University of Missouri-Kansas
City School of Medicine
Kansas City, Missouri

Tai Greer, NP
Adult Nurse Practitioner
Cardiovascular Consultants, PC
Kansas City, Missouri

William S. Harris, PhD
Director
Nutrition and Metabolic Disease
Research Institute
University of South Dakota
Sanford School of Medicine
Vermillion, South Dakota

Stephanie L. Lawhorn, MD
Consulting Cardiologist
Mid America Heart Institute
of Saint Luke's Hospital
Clinical Associate Professor
of Medicine
University of Missouri-Kansas
City School of Medicine
Kansas City, Missouri

Janet M. Lipke, RN, BC, ANP
Family Nurse Practitioner
Cardiovascular Consultants, PC
Kansas City, Missouri

Anthony Magalski, MD
Medical Director, Heart Failure
Program
Mid America Heart Institute
of Saint Luke's Hospital
Associate Professor of Medicine
University of Missouri-Kansas
City School of Medicine
Kansas City, Missouri

Richard M. Moe, MD, PhD
Medical Director, Cardiac
Rehabilitation
Saint Luke's Hospital
of Kansas City
Director of Preventive Medicine
Saint Luke's Health System
Kansas City, Missouri

James H. O'Keefe, Jr, MD
Director, Preventive Cardiology
Fellowship Program
Mid America Heart Institute
of Saint Luke's Hospital
Professor of Medicine
University of Missouri-Kansas
City School of Medicine
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David G. Skolnick, MD
Consulting Cardiologist
Mid America Heart Institute
of Saint Luke's Hospital
Clinical Associate Professor
University of Missouri-Kansas
City School of Medicine
Kansas City, Missouri

Tracy L. Stevens, MD
Medical Director
Muriel I. Kauffman Women's
Heart Center
Mid America Heart Institute
of Saint Luke's Hospital
Professor of Medicine
University of Missouri-Kansas
City School of Medicine
Kansas City, Missouri

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Consulting Cardiologist
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of Saint Luke's Hospital
Clinical Assistant Professor
of Medicine
University of Missouri-Kansas
City School of Medicine
Kansas City, Missouri

HEART

These will include didactic and interactive sessions as well as two have been selected following a review of the participant evaluations

at will provide the participants with opportunity to ask conference questions in the program schedule for when "The Doctor Is In."

**THE 39th ANNUAL PRESENTATION OF THE HEART
DECEMBER 3 & 4, 2009
THE INTERCONTINENTAL KANSAS CITY AT THE PLAZA**

Advance registration and payment are required and must accompany the registration form in order to confirm your reservation. The fee, which includes meeting materials, both lunches, and the reception is \$325 for physicians and \$195 for other health care professionals until **November 25, 2009**. The registration fee for registration postmarked and/or received after **November 25, 2009** will be \$375 for physicians and \$245 for all other healthcare professionals. A limited number of spaces for the conference will be available for physicians-in-training at no charge. (A letter from the program director MUST accompany these registrations.) If paying by check, make check payable to Saint Luke's Hospital. Visa, Mastercard, and Discover are also accepted. Please return payment with the attached Registration Form to the address indicated. FAX registration can be made if paying by credit card to (816) 932-5119. Contact the Continuing Medical Education Office at (816) 932-2220 or send E-mail to cme@saint-lukes.org for more information. Visit our website at www.saint-lukes.org.



Do you have needs that we can address to make your participation more enjoyable and meaningful? Complete the appropriate space on the registration form or call Kim McChesney at (816) 932-5140.

CANCELLATION POLICY

A full refund of the registration fee, less a \$50 administrative fee, will be granted if the cancellation is made in writing, postmarked and/or received on or before **November 25, 2009**. Please send all cancellations to:

Office of Continuing Medical Education
Saint Luke's Hospital of Kansas City
4401 Wornall Road
Kansas City, MO 64111

Saint Luke's Hospital Kansas City reserves the right to cancel all programs and return all fees. The liability of Saint Luke's Hospital is limited to the course fee. Saint Luke's Hospital will not be responsible for any losses incurred by registrants including, but not limited to, airline cancellation charges or hotel deposits.

ACCREDITATION

AMA This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Missouri-Kansas City School of Medicine and Cardiovascular Consultants, PC and the Mid America Heart Institute of Saint Luke's Hospital of Kansas City.

The University of Missouri-Kansas City School of Medicine designates this educational activity for a maximum of 12.0 (plus 1.0 hour for attending the Optional Luncheon Workshop each day) *AMA PRA Category 1 Credits*TM. Physicians should only claim credit commensurate with the extent of the participation in the activity.

Faculty presenters of continuing medical education programs sponsored by the University of Missouri-Kansas City School of Medicine are expected to disclose any real or perceived conflict of interest related to the content of their presentations. Copies of faculty disclosures are included in participant program materials and/or given prior to the lecture.

The University of Missouri-Kansas City School of Medicine presents this activity for educational purposes only. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected for presentations because of recognized expertise in their field.

AAFP Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is still pending.

AOA This program has been reviewed and is acceptable for 14.0 hours of Category 2-A credit by the American Osteopathic Association.

MONA

Saint Luke's Hospital is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

12.0 contact hours (plus 1.0 contact hour for attending the Optional Luncheon Workshop each day)

Please Print

Name _____
 Degree _____
 Specialty _____
 Social Security Number _____
 Address _____
 City _____ State _____ Zip _____
 Office Phone _____ Home Phone _____
 FAX _____ Email _____

Please list one personal goal you have for this course: _____



Please specify any needs including dietary: _____

- I will will not attend Thursday's Luncheon (lunch only)
- I will will not attend Thursday's Optional Luncheon Presentations (presentation with lunch)
- I will will not attend Friday's Luncheon (lunch only)
- I will will not attend Friday's Optional Luncheon Presentations (presentation with lunch)
- I will will not attend the Reception

Thursday Breakout Sessions

Please indicate 1st choice
 2:00 p.m. A B (limited to first 20 physicians that register)
 2:40 p.m. A B (limited to first 20 physicians that register)

PAYMENT INFORMATION

- \$325 Physicians (\$375 after 11/25/09)
 - \$275 Saint Luke's Health System Physicians (\$325 after 11/25/09)
 - \$195 Other Health Care Professionals (\$245 after 11/25/09)
 - \$150 Saint Luke's Health System Nurses (\$200 after 11/25/09)
 - \$0 Saint Luke's Hospital and Truman Medical Center Residents and Fellow (Letter from Program Director must accompany registration)
- \$ _____ TOTAL

Registration fee must accompany registration form to receive confirmation.
 Payment will be made by: CHECK VISA Master Card
 DISCOVER

Card Number _____ Exp. Date _____

Signature _____

Make checks payable to: **SAINT LUKE'S HOSPITAL** and return with completed registration form to:

OFFICE OF CONTINUING MEDICAL EDUCATION
 SAINT LUKE'S HOSPITAL OF KANSAS CITY
 4401 WORNALL RD
 KANSAS CITY, MO 64111

**Or FAX registration if paying by credit card only to:
 (816) 932-5119**

PASS A COPY OF THIS BROCHURE TO A COLLEAGUE.

TAKE TIME TO
ACCESSORIZE YOUR
HEART HEALTH!

*Saint Luke's Muriel I. Kauffman Women's Heart Center
invites you to attend a **jewel** of an evening*

December 3, 2009

6:00 - 8:30 p.m.

InterContinental Kansas City at the Plaza

*401 Ward Parkway
Kansas City, MO 64112*

Tickets: \$50



Featured guest speaker: **Joy Behar**, Co-Host of the
ABC daytime talk show, **The View!**

In addition, Saint Luke's Muriel I. Kauffman
Women's Heart Center's
2009 Heart Healthy Woman of the Year
will be recognized.

*Experience your inner spirit as you engage
in an evening of laughter and
heart healthy empowerment.*

Tickets may be purchased by calling NurseLine:

816-932-6220

WHO SHOULD ATTEND

This conference will provide a valuable learning experience for general and family physicians, internists, cardiologists, cardiac fellows, nurses, and residents.

A CALL FOR CASES

Do you have an interesting case that you would like to have included in the program case presentations? If you have a case that involves managing lipids, cardiac rehab, treatment of diabetes in patients with coronary disease or any other topic related to this year's agenda, please send in a history and your questions regarding the case with your registration form.

LOCATION AND ACCOMMODATIONS

A block of rooms has been reserved at the InterContinental Kansas City at the Plaza (formerly The Fairmont), 401 Ward Parkway, Kansas City, Missouri in the heart of Kansas City at the Country Club Plaza. The Country Club Plaza is a fourteen square block shopping, dining, and entertainment district. The city's best collection of national stores, local boutiques, restaurants, and galleries are surrounded by nearly 50 fountains and sculptures as well as the newly renovated Brush Creek "River" Walk. As in the past the conference is held during the season of the Country Club Plaza Holiday lights-a unique Kansas City experience. An entire 14-square block area is illuminated with over 175,000 jewel colored bulbs. Spanning 60 miles, the lights outline every tower, dome, balcony, courtyard and building found there. Plan to bring your family and friends to enjoy the renowned Plaza lights while doing some great holiday shopping.

To receive the negotiated group discount of \$209/night call The InterContinental directly at (816)756-1500 or (866) 856 9717 and identify yourself as a participant in this meeting. You may also contact the Group Reservations Coordinator directly at (816) 303-2934 or send e-mail to phenuber@kansascityic.com. Reservations may be made on line at www.kansascityic.com. In order to make a reservation click on "reservations" in the middle of the page located towards the top. Enter arrival and departure dates and scroll down to Group Code and enter **HRT**. The cut-off date for the discounted rate is **November 2, 2009**. After this date, reservations will be accepted on a space available basis only. If you are considering extending your reservation through Saturday night, December 4, 2009, you should call as early as possible to make your arrangements since the hotel has been historically sold out over the weekends between Thanksgiving and Christmas. There are a limited number of rooms available at the group discount that evening.

MID AMERICA HEART INSTITUTE SAINT LUKE'S HOSPITAL



The Mid America Heart Institute of Saint Luke's Hospital is the region's premier cardiac center, world-renowned for its work in the diagnosis and treatment of heart disease. The Mid America Heart Institute features: Four cardiac surgical suites, eight cardiac catheterization laboratories, nine non-invasive laboratories, a 12-bed coronary unit, 102 medical intermediate cardiac beds, an 18-bed cardiothoracic surgical intensive care unit, 34 surgical intermediate cardiac beds, a 15-bed angioplasty recovery unit and a 16-bed cardiovascular holding unit. More than 2,000 coronary balloon angioplasties, 6,000 cardiovascular lab procedures and 950 open heart surgeries are performed annually. The Heart Institute also supports an active and expanding heart transplantation program. The Cardiovascular Clinical Research Center is an analytical data center that facilitates and improves cardiovascular research at The Mid America Heart Institute of Saint Luke's Hospital.

PLANNING COMMITTEE

Richard Moe, MD, PhD

Co-course Director
Cardiovascular Consultants, PC
Kansas City, Missouri

Diane W. Cunningham, RN, BC, FNP

Family Nurse Practitioner
Cardiovascular Consultants, PC
Kansas City, Missouri

David G. Skolnick, MD

Co-course Director
Cardiovascular Consultants, PC
Kansas City, Missouri

Kim McChesney

CME Coordinator
Saint Luke's Hospital of Kansas City
Kansas City, Missouri

Randall C. Thompson, MD

Cardiovascular Consultants, PC
Kansas City, Missouri

Ashley Peacock, RN, BN, BC

Clinical Education Specialist
Saint Luke's Hospital of Kansas

Becky K. Captain, RN, MSN, BC, FNP-C

Family Nurse Practitioner
Cardiovascular Consultants, PC
Kansas City, Missouri

PASS A COPY OF THIS BROCHURE TO A COLLEAGUE.



SAINT LUKE'S HEALTH SYSTEM

**4401 WORNALL ROAD
KANSAS CITY, MISSOURI 64111**

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Kansas City, MO
Permit 6254

A primary teaching hospital of the University of Missouri-Kansas City School of Medicine

Member of the Voluntary Hospital of America (VHA) System

It is the policy of Saint Luke's Hospital not to discriminate on the basis of race, color, national origin, sex, age, religion, or any disability in admissions or access to, treatment or employment in, its programs or activities, or the provision of physician staff privileges.

Responsible Employee: Administrative Director of Civil Rights-
(816) 932-2103