

To Saint Luke's Northland Hospital – Barry Road Campus

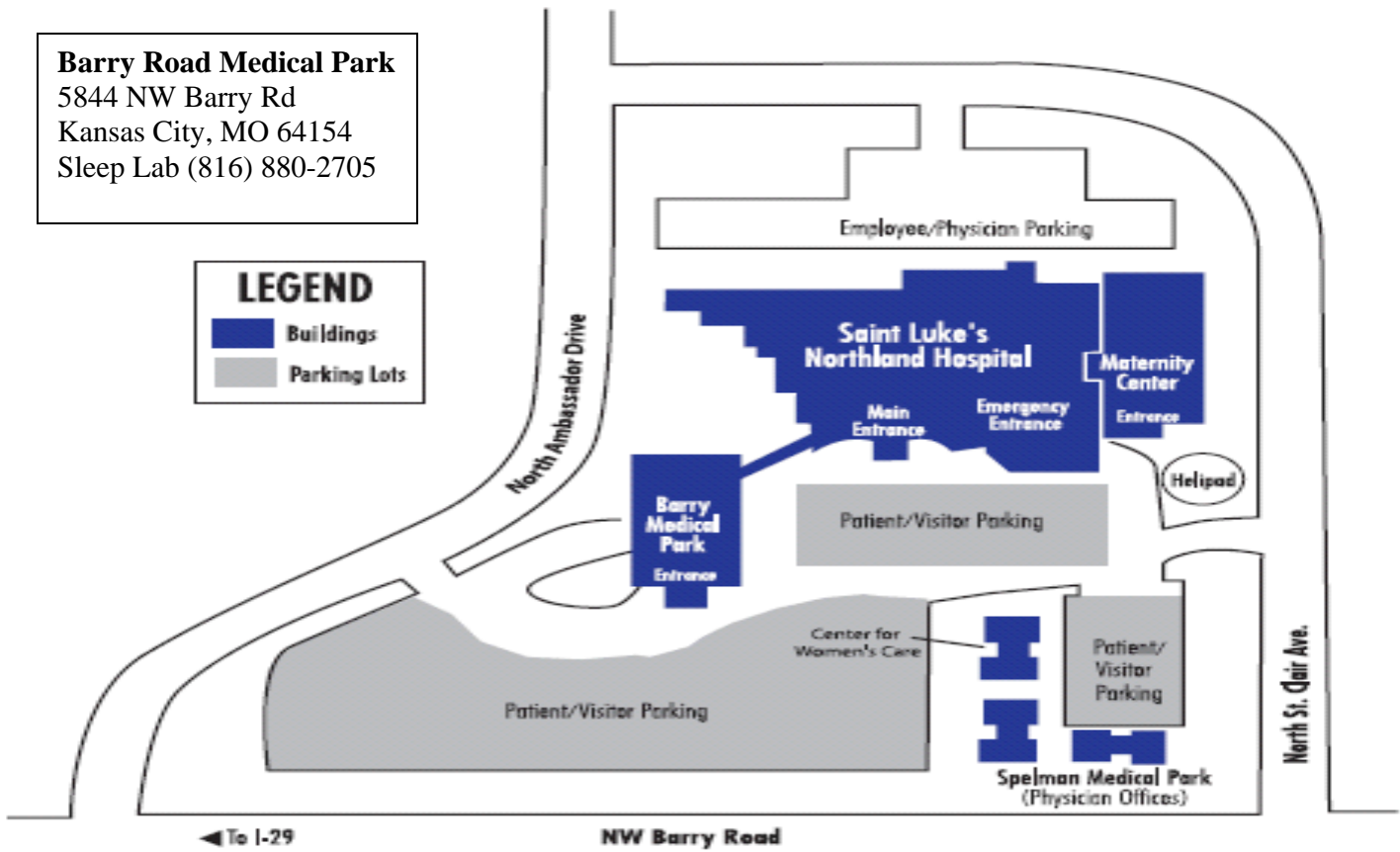
From I-29 take NW Barry Road to North Executive Hills Boulevard (3/8 mile east of I-29). North on North Executive Boulevard to hospital entrance.

Para llegar al Hospital Northland Saint Luke's

De I-29 toma Barry Road a el North Executive Hills Drive (el este de milla 3/8 de I-29). El norte en el North Executive Hills Drive a la entrada del hospital.



saintlukeshealthsystem.org



SLEEP DISORDERS LAB CHECKLIST

➤ Check In:

- ✓ Parking is free in the parking lot in front of the Barry Medical Park Building. Please proceed through the glass doors. The Sleep Lab will be to your left in the main foyer. Please knock on the door or ring the doorbell. **Check in by 8:00PM.** If you arrive after 8:30PM, you may have to go to the Emergency Room for access.

➤ Items to bring:

- ✓ Any medications needed during your time with us. A list of all medications taken the day of study.
- ✓ Something comfortable to sleep in, i.e. pajamas, sweats, t-shirt and shorts. Sleep rooms tend to be cool.
- ✓ If currently using, please bring all CPAP/BiPAP equipment. Only bring enough oxygen needed to travel; the rooms are supplied with oxygen. Questionnaire and/or sleep logs, if received in your mailer.
- ✓ If you use a contoured pillow, bring it if desired. The beds are fully furnished with pillows and bed linen.
- ✓ Feel free to bring snack food.

If you have any questions the day of the study, please contact a member of the Sleep Disorders Center at 816-932-3207 **before** 4:30PM or 816-932-3382 **after** 6:30PM