

Services Offered

- Diagnostic urodynamic testing
- Muscle retraining using the Neotonus control system chair
- Advanced surgical techniques to repair incontinence and prolapse
- Medical approaches to incontinence

Financial Policies

The Saint Luke's Urogynecology Center for Women participates in many health insurance plans. We will file claims with any of those companies and will fill out the necessary insurance forms needed to help you get the bill paid. We invite you to discuss any questions regarding our fees for service. Please ask if your insurance plan is included.

While your insurance company may cover the majority of your medical costs, most plans include a deductible or co-payment that must be paid at the time of service. Payment must be made in cash or personal check. Credit cards are not accepted.

Staff

The staff at Saint Luke's Urogynecology Center for Women is lead by Richard F.C. Hill, M.D. Dr. Hill is a fellowship trained Urogynecologist and is board certified.

Our Office

Saint Luke's Urogynecology Center for Women
4320 Wornall Road, Suite 336
Kansas City, MO 64111
(816) 932-1785

Hours

Monday - Friday
8 a.m. to 4:30 p.m.

Saint Luke's Urogynecology Center for Women



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saintlukeshealthsystem.org

Saint Luke's Urogynecology Center for Women, under the direction of Richard F.C. Hill, M.D., provides state-of-the-art care for women with urinary incontinence and disorders of pelvic support. The patient care team takes an individual approach with each patient to provide the best possible solutions for each person's unique situation.

Urinary Incontinence

Types of Incontinence

- Urinary stress incontinence—involuntary loss of urine with simple activities such as laughing, coughing, sneezing, or lifting.
- Urge urinary incontinence—involuntary loss of urine associated with a strong urge to urinate.
- Mixed urinary incontinence—combination of urinary stress and urge incontinence.
- Fecal incontinence—lack of muscle control that results in loss of stool or staining of underclothes.

Causes of Incontinence

- Pelvic floor prolapse
- Pelvic floor muscle weakness
- Abdominal weakness
- Pregnancy, vaginal delivery
- Medications
- Infections, diabetes, stroke
- High-impact physical activity
- Obesity
- Nerve damage

Pelvic Floor Dysfunction

The muscles of the pelvic floor form a “sling” from the pubic bone to the tailbone. They assist in supporting the abdominal and pelvic contents and are responsible for bowel and bladder control.

Types of Dysfunction

- Supportive dysfunction—characterized by a loss of strength and integrity of connective tissue and muscle fibers of the pelvic floor.
- Hypertonus dysfunction—characterized by increased tension in the connective tissue and muscle fibers of the pelvic floor.
- Visceral dysfunction—organ disease such as interstitial cystitis and endometriosis can cause scar tissue and inflammation, which may lead to muscle dysfunction within the pelvic region.

Typical Complaints

- Bladder and/or bowel symptoms
- Pelvic pressure and heaviness
- Painful intercourse
- Frequent urinary tract infections
- Pain in low back, vagina, rectum, tailbone, thigh and/or lower abdomen
- Organ prolapse (feels like your insides are falling out)