

Saint Luke's Hospital
Neonatal Intensive Care Unit (NICU)
Parent/Visitor Information

Welcome to the NICU. The unit is open except for the following times:

- 6:30AM to 7:30AM and 6:30PM to 7:30PM - During nursing report, only parents, legal guardian, or your approved support person may stay in your baby's room.
- 8:30AM to 9:30AM - For daily rounds
- Emergencies or procedures which may require families to step out briefly

Saint Luke's Hospital is dedicated to providing safety and protection for all babies. All family and visitors must be free of any signs of infection or illness. If any family member or visitor shows signs/symptoms of illness or if there is a serious outbreak of illness in the community, parents and the health care team may limit visiting.

Your help is needed to keep your baby/babies safe by following the guidelines listed below:

1. You may choose a support person and 2- other approved visitors, who can visit when you are not here. You will sign a form listing these visitors that will be kept in the front of your baby's chart.
2. On their first visit to the unit your approved visitor must show a State ID or Drivers License. This ID number will be used to identify this person as an approved visitor. Your approved visitors may be asked to show ID at anytime when entering the NICU.
3. Photos of mother, father or designated support person, and approved visitors will be placed on the cork board in your baby's room or under your baby's monitor.
4. You, your designated support person, or approved visitor must take all visitors to the bedside.
5. Everyone must do a daily 3-minute scrub before going to your baby's bedside. If you or any other visitor leaves the hospital, a 3-minute scrub is needed when returning.
6. Everyone must do a 10-second hand washing or use alcohol based hand cleanser just before touching your baby.
7. To decrease risk of infection, no food is allowed in your baby's room. There is a waiting room with vending machines.
8. Small/quiet toys for your other children are welcome, but for your baby's safety, no toys or balloons can be left in your baby's room.
9. To protect your baby and limit noise, please keep the number of people at your baby's bedside to no more than 3.
 - A. If you have more than 1 baby in the unit, you may have up to 4 people in your room.
 - B. Brothers and sisters less than 12-years of age are not counted as one of the 3.

10. You (legal guardian), your designated support person, or approved visitor must give baby's name, date of birth, and ID number before entering the NICU.
11. Only you (legal guardian) or your designated support person will be given information over the telephone. When calling the unit to check on your baby, you or your designated support person will need to provide your baby's name, date of birth, and ID number before receiving information.
12. Only you (legal guardian) or your designated support person may receive daily updates regarding your baby's plan of care. Please note that your approved visitor while at the bedside may hear information that you have not yet received.

All parents, siblings and friends should remain at your baby's bedside to respect the privacy of others.

Parent Signature

Date

Witness Signature

Date