

Massage Therapy

Need to relieve anxiety, tension, or just want to pamper yourself? Massage therapy offers many health benefits.

Massage therapy is more than a frivolous indulgence. It can help maintain physical, mental, and emotional well-being, especially when made part of your wellness routine.

Our nationally certified, licensed massage therapist specializes in:

- Therapeutic massage
- Acupressure
- Reflexology
- Chair massage
- Myofascial trigger point release
- Lower back pain relief
- Relief of pain due to arthritis, fibromyalgia, and migraines
- Ear candling

To make an appointment, call The Center for Women's Care at (816) 891-2273.