



Saint Luke's Northland

**Center for Women's Care
Breast Health Assessment**

Being female, you have a risk of developing breast cancer that is 100 times that risk for males. Please complete the following question to assess other risk factors:

Are you over 50 year old? Yes No

Do you have a close relative who has had or has breast or ovarian cancer? Yes No

Person	Any Type of Cancer (List)	Had Cancer Before Age 50
Yourself		
Mother		
Father		
Sister(s)		
Brother(s)		
Daughter(s)		
Mother's Side		
Grandmother		
Grandfather		
Aunt(s)		
Uncle(s)		
Cousin(s)		
Father's Side		
Grandmother		
Grandfather		
Aunt(s)		
Uncle(s)		
Cousin(s)		

Have you ever been told you or your relative has the inherited BRCA1 or BRCA2 mutation? Yes No

Have you ever been told you or your relative has the ATM gene, CHEK-2, or p53 tumor suppressor gene mutation? Yes No

Have you had cancer in one breast in the past? Yes No

Are you a non-Hispanic white American? Yes No

Have you had a previous abnormal breast biopsy or atypical hyperplasia (ductal or lobular)? Yes No

Have you had previous breast or chest radiation? Yes No

Did you start menstruating before 12 years of age or go through menopause after 55? Yes No

Did your mother take Diethylstilbestrol (DES) when she was pregnant? Unsure Yes No

Did you have your first child after the age of 30 or have you never had a child? Yes No

Did you bottle feed your child/children or breastfeed for less than one year? Yes No

Do you drink more than one alcoholic beverage per day? Yes No

Are you overweight or do you carry extra weight in your waist area? Yes No

Do you lead a sedentary lifestyle with little physical activity (less than 1.25 hours per week)? Yes No

The more times that you answered "Yes" to this questionnaire, the greater risk you are for developing breast cancer.

Source: American Cancer Society. (September 2005). What are the risk factors for breast cancer? Available at: www.cancer.org

Patient Label: